

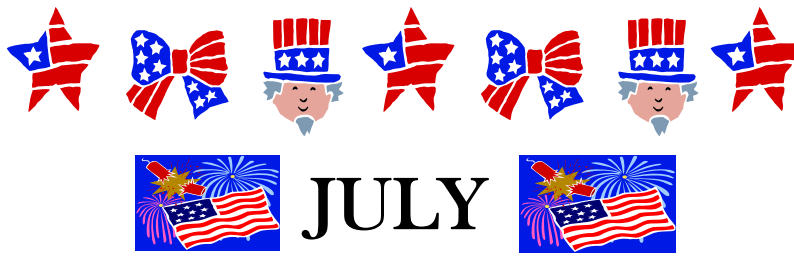
Santa Maria Adult Day Health Care
3801 E. Greenway Rd.
Phoenix, AZ 85032
(602)532-2975
Hours of Operation:
M-F 7:30-5:30

JULY




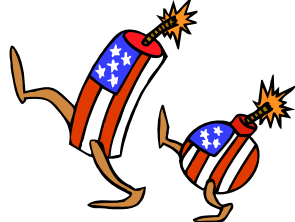






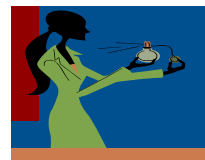












Everyday Activities

- 9:00—Coffee Chit Chat
- 9:30—Current Events
- 10:00—Sittercise
- 10:30—Activities
- 12:00—Lunch
- 1:00—Rest and Relax
- 1:30—Activities/ PM Exercise
- 2:15—Snack
- 3:30—Up 2 U Activities

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Happy Birthday Jeannette L. 07/04 June W. 07/05 Linda D. 07/18 Harold M. 07/18 Leonard S. 07/26 Anne S. 07/26 Scott P. 07/31</p>		<p>1 11a- Participant Council 1130a- Calendar Overview 1:30p- Canadian Pursuit/Kings in the corner 1:30- Sunshine & Maybelles 2:30p- Women's Supports Group w/ Lindsey and Elke 2:30p- Daily dose 3:00p- Margie Mania</p>	<p>2 10a- Communion & Rosary 11a- Hedy & Hot Peppers 12p- Fourth of July "Backyard BBQ" 1:30- <u>Matinee display</u> 1:30- Craft w/ Linda 3:00p- Up 2 U</p> <p>Hotdog Month</p>
<p>5 CLOSED</p>	<p>6 9a- Horticulture w/ Linda 11a- 4th of July hx. discussions 1:30p- <u>Bingo</u> 1:30p- Sunshine and Maybelles 2:30p- Statue of Liberty Discussion 3:00p- Trivia w/ Lori</p>	<p>7 11a- <u>Audrey's Angels</u> 1:30p- Big Ball bowling/independent painting 1:30- Sunshine & Maybelles 2:30p- Reminiscent Corner 3:00p- Farm Construction & building</p>	<p>8 11a- Activity for the soul 11a- Small talk w/ Lori 1130a- USA Wordmania 1:30p- Soccer kicks 1:30- Sunshine & Maybelles 2:30p- Daily Chronicles 3:00p- Reminiscing w/ Margie</p> <p>Chinese Buffet- \$10</p>	<p>9 10a- Communion & Rosary 11a- Proud to be an Amer. 1130a- Re-write the declaration of independence 1:30p- <u>Jeopardy</u> 2:30p- Rest & relaxation 3:00p- Fun with Missy</p>
<p>Proud to be an American wk, where your Red White & Blue.</p>				
<p>12 11a- This was the year 1962 11:30-Who am i? 1:30p- Kick ball Beading and sorting 1:30p- Sunshine & Maybelles 2:30p- Dear Abby 3:00p- Farm construction</p>	<p>13 11a- Presidents history 1130a- President's word game 1:30p- Famous stars 1:30p- Sunshine & Maybelles 2:30p- daily dose 3:00p- Lori's den</p>	<p>14 11a- This is your life 1130a- Name 5 Things 1:30p- Craft w Linda/ Puzzles/ board games 2:30p- Reminiscing 3:00p- Magazine scavenger Hunt</p> <p>As you wish pottery- \$15</p>	<p>15 11a- <u>Laughter Yoga</u> 11a- Reminiscing w/ Lori 1:30p- Wit a twist 2:30p- Rest & Relaxation 3:00p- Texas Bingo</p>	<p>16 10a- Communion & Rosary 11a- Kids say the darnest things. 1130a- Reel to Real 1:30p- Adaptive BINGO 3:00p- Up 2 U</p> <p>Wal-Mart- \$</p>
<p>19 11a- I am a painter week 1130a- Artist word search 1:30p- Build a doghouse 1:30p- Sunshine & Maybelles 2:30p- Sports hall of famers 3:00p- Finish Doghouse</p>	<p>20 11a- <u>Michelle Maria</u> 1:30p- Horseshoes/Sunshine & Maybelles 2:30p- Name this tune 3:00p- Lori</p>	<p>21 10a- <u>Crafts w/ Lois</u> 11a- Sing-a-long w/ 1130a- Shake up memories 1:30p- Category Race 2:30p- Reminisce 3:00p- Concentration</p>	<p>22 11a- Safety Meeting 1130a- Participant Council 1:30p- Famous starts and stripes 1:30- Sunshine & Maybelles 2:30p- Daily Chronicle 3:00p- Fun w/ Margie</p> <p>Bowling- \$13</p>	<p>23 10a- Communion & Rosary 11a- Remembering the 30's 1130a- Famous places 1:30p- Up 2 U small groups 3:00p- Reminiscing w/ Missy</p>
<p>Get out the doghouse wk</p>	<p>I am a Painter week— DONOT wear nice shirts</p>			
<p>26 11a- Animals and insects of the southwest 1130a- Insect Guggenheimer 1:30p- Bean Basketball 1:30p- Sunshine & Maybelles 2:30p- The Alps 3:00p- Farm construction</p>	<p>27 11a- Word games 1130a- Famous Faces 1:30p- Balloon Volley Puzzles 1:30- Sunshine & Maybelles 2:30p- Health and Nutrition 2:45p- Ask the Nurse 3:00p- Puzzles</p>	<p>28 10a- Dr. Hagelson 11a- This was the year 1998 1130a- Baseball Chronicles 1:30p- Golf/ Kings in the corner 2:30p- Rest & Relaxation 3:00p- Marbles</p>	<p>29 11a- Famous Singers Showcase 1130a- Category Race 1:30p- Bean bag toss 2:30p- Drafting and free art 3:00p- Fun w/ Margie</p>	<p>30 10a- Communion & Rosary 11a- Morning Crafts 1:30p- <u>Cinema</u> 3:00p- Reminiscing w/ Missy</p>
<p>Ice Cream Sundaes- \$3</p>				



Sunshines and Maybelles

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 Family Facts</p>  <p>Sing It Say It!</p>	<p>2 Summer Journey</p>  <p>Hands On</p>
<p>5 CLOSED</p> 	<p>6 Cherry Festival</p>  <p>Sing Across America</p>	<p>7 Famous Musicals</p>  <p>Balloon Bop</p>	<p>8 Fold It</p>  <p>Sing Out</p>	<p>9 Moving to Music</p>  <p>Wiggles</p>
<p>12 Music & Lyrics</p>  <p>What's In A Name?</p>	<p>13 Frisbee Time</p>  <p>Instrument Identify</p>	<p>14 Aromatherapy</p>  <p>Stylin'</p>	<p>15 Funny Bone</p>  <p>At The Hop</p>	<p>16 What is J'Arming?</p>  <p>Marshmallows</p>
<p>19 Bean Bagging</p>  <p>Music Matters</p>	<p>20 Balloons N' Tunes</p>  <p>Poems of Old</p>	<p>21 Parachute Up</p>  <p>Musicality</p>	<p>22 Tell Me/Trivia</p>  <p>Catch and Roll</p>	<p>23 Ball & Bean Toss</p>  <p>Sing & Relax</p>
<p>26 Musical Mitch</p>  <p>Going on a Picnic</p>	<p>27 Poster Reminisc</p>  <p>Wiggle Roll/Dice</p>	<p>28 Textures</p>  <p>50's Music</p>	<p>29 Classical Music</p>  <p>Ring Tossing</p>	<p>30 Sort it Out</p>  <p>Name That Tune</p>