

# Glendale Gazette

The Foundation for  
Senior Living  
January 2012



Volume 7, Issue 5

### Mission Statement

The Foundation for Senior Living strives to provide exceptional services, education and advocacy in order to preserve independence and enhance the quality of life for all seniors, adults with disabilities and their caregivers.

### Vision Statement

A caring community that promotes the well being of seniors and adults with disability, protects their dignity, celebrates their achievements and encourages their caregivers

### Core Values of the Foundation for Senior Living

- \*Dignity of the Human Person
- \*Respect for Human Potential
- \*Personal Choice and Independence
- \*Interdependence of the Individual, Family and Community
- \*Servant Leadership
- \*Special Priority for the Poor and Vulnerable
- \*Special Status of Caregivers

### Inside this issue:

Notes & News	1
Social Worker's Corner	2
Senior Calendar	3
Young Adults Calendar	4
Glendale Happenings!	5
Be a friend of Center	6



## Notes and News from the Center Director

By Mary Servin, RN, BC



Happy New Year to all!

We hope that you have a wonderful new year filled with health, love and peace.

A special thank you to all of you for your holiday greetings, sharing with us during our holiday open houses, all of our entertainment and for all who made donations to the Center. Thank you so much for sharing with us! You made the holidays wonderful!

A reminder that Glendale Adult Day Health Services Center will be closed on Monday, January 16 in remembrance of Dr. Martin Luther King, Jr. The Center will reopen on Tuesday, January 17.

Lots of new and exciting things happening at the Center this month. The Volunteer Vocational Rehab Program for our young adults will be launched. They will start with sorting of the adaptors to assist AZStrut

with their in refurbishing computers to donate to other non-profits, especially schools. The program is entirely environmentally friendly, so it is the "Green Tech Program".

Check out the calendar for all of the activities and community outings for our participants. Lots of happenings for 2012!



**Glendale Adult Day Services Center**, a program of the Foundation for Senior Living, is located at: 6010 W. Northern Ave. Suite 800, Glendale, Arizona 85301

**Phone:** 602-532-2983 **Fax:** 623-939-2815

**Our hours of operation are:** Mondays through Fridays 7:30 a.m. -5:30 p.m.



**Social Workers' Corner**



**Page**

**2**

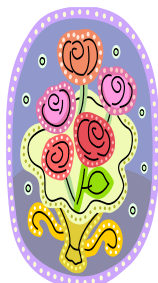
# *Did you know?..*

## **Alzheimer’s Association—Connections Plus Program**

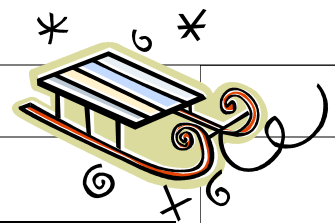
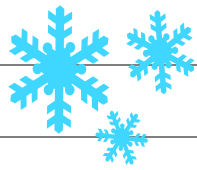
### **“Because no one needs to go through this journey alone”**

Connections Plus is a new social and volunteer engagement pilot program for people in the early stage of Alzheimer’s disease. This program is intended to empower people with early dementia through social connections with each other and to be engaged to fully use and enjoy their strengths and capabilities. The Connections part of the program refers to individual matches between a person in the early stage with a Volunteer Mentor who is also in the early stage to have 1-1 social interaction and support. The Plus part of the program refers to scheduled group social outings in the community for pairs of Connections participants and their Volunteer Mentors. For more information, contact the Alzheimer’s Association Desert Southwest Chapter at 602-528-0545.

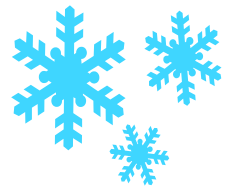
\*\*\*\*\*



**Glendale ADHS thanks our Social Worker Danaleigh Sheehan, MSW, for all of her hard work, her advocacy and her caring for all at the Center. Danaleigh is moving on to a new adventure in her social work career. We wish her well in her new position. Beginning January 9th, please contact the Center Director, Mary, for any social work concerns.**



# What's Happening...



# Activities



# HAPPY NEW YEAR



*January Birthdays*

Robert R, Joyce T, Edith B,  
Yvonne D, J.D. B, Carol N,  
James B, Luis L, Rosaria S,  
Ruthann H, Augustine G, and  
Evelyn G.



-----  
Become a Friend of your Adult Day Health Care.

Would you like to *Honor* or *Memorialize* your loved one and support your ADHC?

By donating to your ADHC you can help continue to provide this crucial service to those in need. All types of donations are acceptable; monetary, items and supplies, property, etc. Your gift to FSL may qualify you to take advantage of the Arizona Charitable Tax Credit. Please call 602-285-0505, ext. 155, for information on the tax credit. As with all tax related information, please consult your tax professional.

Thank you for your continued support.  
-----

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Donation \_\_\_\_\_

In Memory of

In Honor of

Acknowledge to \_\_\_\_\_

**From:**

**Glendale Adult Day Health Care Center**

**6010 W. Northern Ave., Suite 800**

**Glendale, Arizona 85301**

**To:**

**A Program of the Foundation for Senior Living**

