

FSL cares



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- Resources for caregivers
- Updates on center happenings
- Invitations to support groups
- News about exciting events for caregivers
- Community space to ask questions and share stories



Foundation for
Senior Living
Thirty Years of Care by Design

FSL cares about our caregivers

One of the goals in Adult Day Health Services is to not only provide the highest quality care and programming for our participants, but to also provide our caregivers with the additional services and support they need. Building upon our existing caregiver services, ADHS is very pleased to announce that we are launching a Facebook page to further expand our services to caregivers.

Our page will provide caregivers with information on upcoming center events, such as caregiver support groups, resources, other center related activities, and additional FSL services. The page will also provide links to excellent articles on issues facing caregiving and provide a community space for caregivers to ask questions and share their experiences with others.

Please enjoy our new FSL cares page by visiting the link below.

www.facebook.com/FSLcares